United States

**UAlbany Basketball**  
2018-19 Media Notes

**Six-TIME AMERICA EAST CHAMPIONs**  
’12,’13,’14,’15,’16,’17

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**GAME 1**

at

**#22 BULLS**  
2018-19: 1-0, 0-0 AAC

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**UAlbany**

<table>
<thead>
<tr>
<th>Player</th>
<th>Yr.</th>
<th>Pos.</th>
<th>PPG*</th>
<th>RPG*</th>
<th>Notes*</th>
</tr>
</thead>
<tbody>
<tr>
<td>Kyara Frames</td>
<td>So.</td>
<td>G</td>
<td>3.1</td>
<td>1.7</td>
<td>Season-best 10 pts vs Hartford</td>
</tr>
<tr>
<td>Khepera Stokes</td>
<td>R-So.</td>
<td>G</td>
<td>--</td>
<td>--</td>
<td>Missed 2017-18 season</td>
</tr>
<tr>
<td>Amanda Kantzy</td>
<td>R-Jr.</td>
<td>G/F</td>
<td>--</td>
<td>--</td>
<td>Missed 2017-18 season</td>
</tr>
<tr>
<td>Heather Forster</td>
<td>Sr.</td>
<td>F</td>
<td>4.6</td>
<td>4.3</td>
<td>Career-best 134 rebounds</td>
</tr>
<tr>
<td>Chyana Canada</td>
<td>Sr.</td>
<td>F</td>
<td>5.8</td>
<td>2.9</td>
<td>Career-high 180 points</td>
</tr>
</tbody>
</table>

**Key Reserves**

<table>
<thead>
<tr>
<th>Player</th>
<th>Yr.</th>
<th>Pos.</th>
<th>PPG*</th>
<th>RPG*</th>
<th>Notes*</th>
</tr>
</thead>
<tbody>
<tr>
<td>Patricia Conroy</td>
<td>So.</td>
<td>G</td>
<td>2.8</td>
<td>1.4</td>
<td>Fourth on the team in 3FG</td>
</tr>
<tr>
<td>Kumsal Aslan</td>
<td>Jr.</td>
<td>G</td>
<td>1.4</td>
<td>0.7</td>
<td>Played in 13 games</td>
</tr>
<tr>
<td>Alexi Schecter</td>
<td>Jr.</td>
<td>C</td>
<td>2.0</td>
<td>1.0</td>
<td>Top three player off bench</td>
</tr>
</tbody>
</table>

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**USF**

<table>
<thead>
<tr>
<th>Player</th>
<th>Yr.</th>
<th>Pos.</th>
<th>PPG*</th>
<th>RPG*</th>
<th>Notes*</th>
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</thead>
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**SCHEDULE**

<table>
<thead>
<tr>
<th>DATE</th>
<th>OPPONENT</th>
<th>TIME</th>
</tr>
</thead>
<tbody>
<tr>
<td>11/9</td>
<td>at USF</td>
<td>7:00 p.m.</td>
</tr>
<tr>
<td>11/12</td>
<td>at Cornell</td>
<td>7:00 p.m.</td>
</tr>
<tr>
<td>11/14</td>
<td>MANHATTAN%</td>
<td>5:00 p.m.</td>
</tr>
<tr>
<td>11/18</td>
<td>at Rutgers</td>
<td>4:00 p.m.</td>
</tr>
<tr>
<td>11/21</td>
<td>at Monmouth</td>
<td>7:00 p.m.</td>
</tr>
<tr>
<td>11/25</td>
<td>HOLY CROSS</td>
<td>2:00 p.m.</td>
</tr>
<tr>
<td>11/28</td>
<td>CANISIUS</td>
<td>7:00 p.m.</td>
</tr>
<tr>
<td>12/1</td>
<td>at Lafayette</td>
<td>2:00 p.m.</td>
</tr>
<tr>
<td>12/5</td>
<td>CCSU</td>
<td>7:00 p.m.</td>
</tr>
<tr>
<td>12/8</td>
<td>MARIST%</td>
<td>2:00 p.m.</td>
</tr>
<tr>
<td>12/15</td>
<td>at St. Francis Brooklyn</td>
<td>1:00 p.m.</td>
</tr>
<tr>
<td>12/19</td>
<td>at Purdue</td>
<td>11:30 a.m.</td>
</tr>
<tr>
<td>12/29</td>
<td>at Columbia</td>
<td>2:00 p.m.</td>
</tr>
<tr>
<td>1/2</td>
<td>BINGHAMTON*</td>
<td>7:00 p.m.</td>
</tr>
<tr>
<td>1/5</td>
<td>at Vermont*</td>
<td>2:00 p.m.</td>
</tr>
<tr>
<td>1/16</td>
<td>UMASS LOWELL*</td>
<td>7:00 p.m.</td>
</tr>
<tr>
<td>1/19</td>
<td>UMBC*</td>
<td>2:00 p.m.</td>
</tr>
<tr>
<td>1/23</td>
<td>at Stony Brook*</td>
<td>7:00 p.m.</td>
</tr>
<tr>
<td>1/26</td>
<td>at Hartford*</td>
<td>2:00 p.m.</td>
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<tr>
<td>1/30</td>
<td>NEW HAMPSHIRE*$</td>
<td>11:00 a.m.</td>
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<tr>
<td>2/2</td>
<td>at Binghamton*</td>
<td>2:00 p.m.</td>
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<tr>
<td>2/9</td>
<td>VERMONT*</td>
<td>2:00 p.m.</td>
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<tr>
<td>2/13</td>
<td>at UMass Lowell*</td>
<td>7:00 p.m.</td>
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<tr>
<td>2/16</td>
<td>MAINE*</td>
<td>2:00 p.m.</td>
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<tr>
<td>2/20</td>
<td>STONY BROOK*</td>
<td>7:00 p.m.</td>
</tr>
<tr>
<td>2/23</td>
<td>at UMBC*</td>
<td>1:00 p.m.</td>
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<tr>
<td>2/27</td>
<td>at New Hampshire*</td>
<td>TBA</td>
</tr>
<tr>
<td>3/2</td>
<td>HARTFORD*</td>
<td>2:00 p.m.</td>
</tr>
<tr>
<td>3/6</td>
<td>America East Quarterfinals#</td>
<td>7:00 p.m.</td>
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<tr>
<td>3/10</td>
<td>America East Semifinals#</td>
<td>2:00 p.m.</td>
</tr>
<tr>
<td>3/16</td>
<td>America East Finals#</td>
<td>4:00 p.m.</td>
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**ATHLETIC COMMUNICATIONS**

Contact: Ally Greene, Assistant Director  
Office: 518-442-3072 | Cell: 978-866-1874  
Email: atgreene@albany.edu  
Web: UAlbanysports.com  
Social: @UAlbanySports  
@UAlbanyWBB

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* - America East Game  
# - America East Tournament (Portland, Maine)  
% - Double Header With Men’s Basketball  
$ - Commitment to Education Day

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**POSSIBLE STARTERS**

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6 AMERICA EAST TITLES

2011-12
23-10 Overall
14-2 America East
AE Title Game:
W, 69-61 vs. UMBC

2012-13
27-4 Overall
16-0 America East
AE Title Game:
W, 61-52 vs. Hartford

2013-14
28-5 Overall
15-1 America East
AE Title Game:
W, 70-46 vs. Stony Brook

2014-15
24-9 Overall
14-2 America East
AE Title Game:
W, 84-75 vs. Hartford

2015-16
28-5 Overall
15-1 America East
AE Title Game:
W, 59-58 vs. Maine

2016-17
21-12 Overall
12-4 America East
AE Title Game:
W, 66-50 vs. Maine
# 2018-19 Roster

## No. | Name | Pos. | Ht | Cl. | Hometown/Previous School
--- | --- | --- | --- | --- | ---
1 | Julie Ford | G/F | 6-1 | Fr. | Hartwick, N.Y./Cooperstown Central School
2 | Kyara Frames | G | 5-2 | So. | Laurel, Md./Bishop McNamara
3 | Khepera Stokes | G | 5-6 | Jr. | Baltimore, Md./Baltimore Polytechnic Institute
4 | De’jah Williams | F | 5-11 | So. | Philadelphia, Pa./Imhotep Charter School
10 | Patricia Conroy | G | 5-9 | So. | Staten Island, N.Y./St. Joseph Hill Academy
13 | Lucia Decortes | F | 6-3 | Fr. | Bonate Sopra, Bergamo/Liceo delle Scienze Umane e Musicale
14 | Amanda Kantzy | F | 6-2 | Jr. | Spånga, Sweden/Luleå Basketgymnasium
20 | Kumsal Aslan | G | 5-8 | Jr. | Ankara, Turkey/St. Timothy’s School
22 | Heather Forster | F | 6-2 | Sr. | Huntington, N.Y./Huntington
24 | Alexi Schecter | C | 6-3 | Jr. | Lowell, Mass./Lowell
44 | Chyanna Canada | F | 6-2 | Sr. | Syracuse, N.Y./Temple

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**Head Coach:** Colleen Mullen (New Hampshire ’03), first season  
**Assistant Coach:** Yvonne Hawkins (Ashland ’83, 16th season)  
**Assistant Coach:** Megan Methven (Stonehill ’10, first season)  
**Assistant Coach:** Catherine Cassidy (SUNY Plattsburg ’13, first season)  
**Director of Basketball Operations:** Jackie Alexander (Cumberlands ’14, first season)  
**Graduate Assistant Manager:** Maggie Moore (first season)

## Pronunciation Guide

- Kyara Frames: key-AIR-uhs
- Khepera Stokes: KEHP-rah
- De’jah Williams: DAY-JUH
- Kumsal Aslan: KOOM-sal
- Chyanna Canada: SHY-anna
- Amanda Kantzy: CANT-see

## Breakdown By Class

- **Senior (2)**: Chyanna Canada, Heather Forster
- **R-Junior/Junior (3)**: Kumsal Aslan, Alexi Schecter, Amanda Kantzy
- **R-Sophomore/Sophomore (3)**: Patricia Conroy, Kyara Frames, Khepera Stokes
- **R-Freshman/Freshman (3)**: De’Jah Williams, Lucia Decortes, Julie Ford

## Breakdown By Location

- **Italy (1)**: Lucia Decortes
- **Massachusetts (1)**: Alexi Schecter
- **Maryland (2)**: Kyara Frames, Khepera Stokes
- **New York (4)**: Chyanna Canada, Patricia Conroy, Julie Ford, Heather Forster
- **Pennsylvania (1)**: De’Jah Williams
- **Sweden (1)**: Amanda Kantzy
- **Turkey (1)**: Kumsal Aslan
LOOKING AT ALBANY
For the third consecutive years, the Great Danes play their season opener against an opponent ranked in the top-25.

A WIN WOULD...
A win against the Bulls would mark the first for the Great Danes in the all-time series. It would also be team’s first win against a ranked opponent since the 2015-16 season when UAlbany defeated #20 Florida in the first round of the NCAA Tournament.

LAST TIME OUT
Last season, the Great Danes posted a 24-8 overall clip, marking the program’s seventh consecutive year with 20-plus wins. In league play, UAlbany finished 12-4 to earn second place in the America East Regular-Season standings.

LOOKING AT UALBANY
The Great Danes head into the 2018-19 having lost 82.4% of their scoring from a season ago. Senior Heather Forster, who averaged, 4.6 points and 4.3 rebounds last year, is the team’s top returner. Her 27 blocks ranked second on the team last year while her 44 steals put her fourth on the team. Sophomore Kyara Frames chipped in with 3.1 points and 46 assists and will look to run the ball handling duties along with Khepera Stokes who back in the line up after sitting out the 2017-18 season.

SCOUTING USF
The Bulls opened their season with a 71-47 rout of Ohio State on Tuesday. Three players scored in double-figures led by two-time All-American Kitija Laksa’s...
17 points and five rebounds. Freshman Beatriz Jordao and Sydni Harvey added 17 and 16 points, respectively, in the win.

**OH CAPTAIN, MY CAPTAIN**
Senior Heather Forster returns as the team’s lone starter from a season ago. Forster, who has been apart of two America East Tournament Championships and a member of the program’s first NCAA Tournament win in 2015-16, will captain the squad that features four players that will make their collegiate debut in a Great Dane uniform.

**OUT OF THE GATE**
UAlbany has registered a 24-29 record in season openers since 1964. This is the second consecutive season the Great Danes open on the road against a top-25 team. UAlbany fell to No.11 Maryland 70-46 in 2017.

**NEW COACH(ES) ON THE BLOCK**
On May 14, 2018 Colleen Mullen was named the 12th head women’s basketball coach in program history, and the fifth head coach in the Division I era. Mullen arrived at UAlbany after spending the previous seven season at Army West Point.

She is joined by Yvonne Hawkins, who returns to the sidelines at UAlbany after leaving the program following the 2002 season. Megan Methven and Catherine Cassidy enter their first season as assistant coaches while Jackie Alexander is in her first season as a the Director of Operations.

**POSTSEASON REGULARS**
The Great Danes ended the 2017-18 season with a 76-61 loss at Penn State in WNIT. It was the seventh-straight postseason appearance for UAlbany.

**20-FUN!**
UAlbany notched its seventh-consecutive 20-win season in 2017-18. During that span, the Great Danes have captured six America East Tournament championships and made six appearances in
the NCAA Tournament.

HOME SWEET HOME
A total of 13 home games will be played at the SEFCU Arena, beginning with the Great Danes home opener on November 11 against Manhattan. UAlbany will entertain eight America East opponents in friendly confines this season.

<table>
<thead>
<tr>
<th>SUPERLATIVES</th>
</tr>
</thead>
<tbody>
<tr>
<td>WHEN THE GREAT DANES...</td>
</tr>
<tr>
<td>Play on a Sunday..........................N/A</td>
</tr>
<tr>
<td>Play on a Monday..........................N/A</td>
</tr>
<tr>
<td>Play on a Tuesday..........................N/A</td>
</tr>
<tr>
<td>Play on a Wednesday.......................N/A</td>
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<tr>
<td>Play on a Thursday..........................N/A</td>
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<td>Play on a Friday............................N/A</td>
</tr>
<tr>
<td>Play on a Saturday..........................N/A</td>
</tr>
<tr>
<td>Score First...............................N/A</td>
</tr>
<tr>
<td>Don’t Score First..........................N/A</td>
</tr>
<tr>
<td>Lead after the first Quarter.............N/A</td>
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<tr>
<td>Lead at the half...........................N/A</td>
</tr>
<tr>
<td>Lead after the third Quarter.............N/A</td>
</tr>
<tr>
<td>Score more than 50 points..............N/A</td>
</tr>
<tr>
<td>Score more than 60 points..............N/A</td>
</tr>
<tr>
<td>Score more than 70 points..............N/A</td>
</tr>
<tr>
<td>Score more than 80 points..............N/A</td>
</tr>
<tr>
<td>Out rebound their opponent..............N/A</td>
</tr>
<tr>
<td>Get out rebounded..........................N/A</td>
</tr>
<tr>
<td>Play a Team in the Top 25...............N/A</td>
</tr>
<tr>
<td>Play a Power 5 Opponent..................N/A</td>
</tr>
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</table>
HEAD COACH COLLEEN MULLEN
FIRST SEASON

University at Albany Director of Athletics Mark Benson announced Monday, May 14, 2018, the hiring of Colleen Mullen as the 12th head women’s basketball coach in program history, and the fifth head coach in the Great Danes’ Division I era.

Mullen arrived at UAlbany after spending the previous seven seasons at Army West Point. Mullen joined Army’s staff as an assistant coach in July 2011 and was promoted to associate head coach a year later. Mullen made her way to West Point after two years at Long Island University, where she was the top assistant and recruiting coordinator. She also spent a season as an assistant coach at Lehigh.

“I am excited to have Colleen join our coaching staff here at the Academy,” head coach Dave Magarity said upon her hiring. “She brings a wealth of experience and an infectious energy as a recruiter. She has a strong background as a teacher of the game, and her ability to work with our young backcourt will be critical for our future success as a team.”

A proven point guard as a collegiate player for both Rhode Island and New Hampshire, Mullen has continued to cultivate her expertise at the guard position since entering the coaching ranks.

At Army, Mullen worked primarily with Army’s guards. She worked closely with the Patriot League career scoring leader Kelsey Minato from 2012 to 2016 and helped lead the Black Knights to four straight 20-win seasons and four consecutive appearances in national postseason tournaments. The Black Knights reached the NCAA Tournament and earned Patriot League championships in 2016 and 2014, and played in the WNIT in 2015 and 2013.

Mullen helped the Black Knights extend their streak of 20 wins in a single season to five after Army captured 22 wins during the 2016-17 season.

Army completed the best season in team history in 2015-16, reaching a program-record 29 victories as part of a 29-3 overall record to match the Patriot League standard for most wins in a season. The 29 wins also gave the Cadets their fourth consecutive 20-win season to mark the longest streak of that kind in team history.

The Black Knights finished 17-1 in Patriot League play in 2015-16 and entered the conference tournament as the No. 1 seed. Army set a number of Patriot League records that season, including widest margin of victory (+19.5), lowest opponent scoring average (50.8), and highest three-point percentage (.410). The Black Knights also rattled of 19 wins in a row during the year to establish new Patriot League and Academy records.

Minato garnered a number of accolades during her outstanding senior season in 2015-16, including espnW Mid-Major Player of the Year, All-Met Division I Player of the Year, and being selected All-America honorable mention by the Associated Press and the Women’s Basketball Coaches Association. Minato earned her third Patriot League Player of the Year nod to join 2003 Bucknell graduate Molly Creamer as the only player in league history to do so, and become the conference’s only player to be a first-team selection all four years.

Under Mullen’s watch, Minato finished her senior campaign with an Academy-record 743 points (23.2 points per game) and become the career scoring leader for the school and the Patriot League, with 2,556 points over her four seasons.

The Black Knights drained a program-record 230 three-pointers in 2015-16, while Minato’s 108 marked the most by a single player in team history.

During the 2014-15 season, Mullen worked primarily with Army’s guards in helping lead the team to its program-record third straight appearance in a national postseason tournament, as the Black Knights reached the WNIT following berths in the NCAA Tournament and the WNIT in 2014 and 2013, respectively. Army finished the season 23-8 to mark its third straight 20-win season, also a program first.

In 2013-14, Mullen helped develop an Army backcourt that led the Black Knights to their second NCAA Tournament appearance as a Division I program.

Army’s backcourt shined in 2012-13, as Minato became the first in Patriot League history to be voted Player and Rookie of the Year, while the Black Knights had two first-team All-Patriot League selections for the first time in program history, with both honorees being guards (Minato, Anna Simmers).

The Black Knights’ high-scoring perimeter unit helped Army average its highest scoring output since 2007-08 thanks in large part to the second-most accurate three-point shooting contingent in the Patriot League. The Black Knights’ success rate beyond the arc was their highest since 2008-09, while their 158 triples were the most Army had made since 2004-05.

The Black Knight ball handlers were the most precise in the conference during Mullen’s first season as associate head coach, as Army led the Patriot League in least turnovers per game and ranked as high as ninth in the nation in the category.

During her seven-year coaching tenure prior to Army, Mullen churned out a plethora of decorated guards and secured top-rated recruiting classes. In her two seasons at Long Island, she...
helped lead the Blackbirds to an appearance in the Northeast Conference finals and helped record the second-highest win total in program history with a 22-10 mark in 2009-10. She mentored two-time first team All-NEC player Ashley Palmer, while point guard Kiara Evans ranked eighth nationally in assists per game (6.4) under Mullen’s watch.

Her duties at Long Island also included managing the program’s budget, overseeing the assistant coaching staff, coordinating all on and off campus recruitment and serving as the academic coordinator. The Blackbirds successfully improved their overall team grade-point average from a 2.84 in 2010 to a 3.19 in 2011. A proven recruiter, her first recruiting class was ranked 88th nationally by All-Star Girls Basketball Report.

Prior to her tenure at Long Island, Mullen spent 2007-08 at Lehigh, where she oversaw player development with an emphasis on the backcourt. During her short stint at Lehigh, she guided three of the program’s top guards - Erica Prosser, Tricia Smith and Alex Ross - to All-Patriot League selections. All three players went on to garner major Patriot League honors and help Lehigh to back-to-back conference titles.

In addition to her coaching duties at Lehigh, she also oversaw compliance, marketing, team travel, equipment, academics, alumni relations, community outreach, facilities and game management.

Mullen spent 2005-07 as the top assistant at Southern New Hampshire after serving as the director of basketball operations at Northern Illinois in 2004-05.

As a player, Mullen spent two seasons at Rhode Island, leading her team in assists each year before transferring to New Hampshire. A two-year captain, she was one of the top feeders in Wildcat history and finished her two-year career with 218 assists, the 14th-highest mark in school history. Mullen was named to the America East Academic Honor Roll in each of her two seasons.

Mullen received a Bachelor of Science degree in Business Administration from New Hampshire in 2003. She earned her a Master of Business Administration degree from Southern New Hampshire in 2006.

Mullen and her wife, Lauren, reside in Bethlehem, N.Y., and have three children: Maggie (3) and twin sons, Brennan & Callan (1).
#1 Julie Ford
Hartwick, N.Y. (Cooperstown Central School)

High School: Four year varsity player at Cooperstown Central School … as a senior tabbed 2018 All-Stars All-Mohawk Player of the Year … captures the 2015 State Championship with Cooperstown Central High … played four years of track and field … played three years of football and one year of soccer.

Personal: Has yet to declare a major … daughter of John and Amy Ford … has three siblings—a brother, Jeremiah and two sisters, Lucienne and Abbigail.

Career Highs
Points: N/A
Field Goals: N/A
3-Pt FG: N/A
Rebounds: N/A
Assists: N/A
Blocks: N/A
Steals: N/A

Season Highs
Points: N/A
Field Goals: N/A
3-Pt FG: N/A
Rebounds: N/A
Assists: N/A
Blocks: N/A
Steals: N/A

<table>
<thead>
<tr>
<th>Date</th>
<th>Opponent</th>
<th>G-S</th>
<th>Min</th>
<th>FG</th>
<th>3FG</th>
<th>FT</th>
<th>O-D</th>
<th>Reb</th>
<th>PF</th>
<th>A</th>
<th>TO</th>
<th>Blk</th>
<th>Stl</th>
<th>Pts</th>
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</tbody>
</table>

2018-19: N/A
Career: N/A
#2 Kyara Frames (5-2 Fr. G)  
Laurel, Md. (Bishop McNamara)


High School: Lettered four years at Bishop McNamara... team captain as a senior. WCAC Honorable Mention 2015-17... McDonald's All-American nominee... team MVP. Coaches Award recipient... Red Cross volunteer.

Personal: Majoring in Biology... daughter of Richard and Kyra Frames... has one brother, Davray Tolson.

<table>
<thead>
<tr>
<th>Date</th>
<th>Opponent</th>
<th>G-S</th>
<th>Min-Avg</th>
<th>FG-A</th>
<th>3FG-A</th>
<th>FT-A</th>
<th>%</th>
<th>Off-Def-Reb</th>
<th>Avg</th>
<th>Ast</th>
<th>TO</th>
<th>Blk</th>
<th>Stl</th>
<th>Pts</th>
<th>Avg</th>
</tr>
</thead>
</table>

**Career Highs**
- Points: 9 - 2x, last at Siena (12/9/17)
- Field Goals: 3 - 4x, last at Siena (12/9/17)
- 3-Pt FG: 3 - 3x, last at Siena (12/9/17)
- Rebounds: 4 - 2x, last at Siena (12/9/17)
- Assists: 5 - vs. Wagner (11/22/17)
- Blocks: N/A
- Steals: 3 - 2x, last vs. Dartmouth (12/30/17)

**Season Highs**
- Points: 9 - 2x, last at Siena (12/9/17)
- Field Goals: 3 - 4x, last at Siena (12/9/17)
- 3-Pt FG: 3 - 3x, last at Siena (12/9/17)
- Rebounds: 4 - 2x, last at Siena (12/9/17)
- Assists: 5 - vs. Wagner (11/22/17)
- Blocks: N/A
- Steals: 3 - 2x, last vs. Dartmouth (12/30/17)

<table>
<thead>
<tr>
<th>Year</th>
<th>G-S</th>
<th>Min-Avg</th>
<th>FG-A</th>
<th>%</th>
<th>3FG-A</th>
<th>FT-A</th>
<th>%</th>
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#3 Khepera Stokes (5-6 So. G)
Baltimore, Md. (Baltimore Polytechnic Institute)

2017-2018: Did not see action.

2016-17: Averaged 3.0 points, 1.7 rebounds, and 2.9 assists as a freshman... Played in all 33 games as a freshman, starting 19... Ranked 10th in the America East in assists (2/9)... Set the freshman assists record at UMass Lowell (2/1)... Recorded six steals at Maine (1/22)... Recorded five steals at Binghamton (1/19)... Tied season-high nine assists vs. UMBC (1/16)... Season-high nine assists vs. UMass Lowell (1/4)... Season-high 13 points at Dartmouth (12/29)... Made first career start at Dartmouth (12/29)... Made first career appearance at Kentucky (11/12)

High School: Lettered four years in basketball at Baltimore Polytechnic Institute... team captain as a senior... averaged 21.5 points, 4.5 rebounds, 6.4 assists, and 3.5 steals as a senior... career averages of 16.5 points, 3 rebounds, 3 assists, and 3 steals... 2016 McDonald's All-American nominee... 2016 team MVP... all-time leading scorer... All-Regional First Team... 2015 Basketball Academy MVP... three-time Baltimore City Champion... four-time Regional Champion

Personal: Majoring in Biology... daughter of Roddrick and Latanya Stokes... has one brother, Kamau, and one sister, Kaya

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<th>FG</th>
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#4 De’jah Williams (5-11 Fr. F)

2017-18: Did not see action.

High School: Lettered four years at Imhotep Charter High School… team captain as a senior… averaged 18.0 points and 7.0 rebounds as a senior… won league championship as a junior, averaging 12.0 points and 5.0 rebounds…2015-17 First Team All Public League

Personal: Majoring in Criminal Justice… daughter of Yakisha Williams… has two brothers, Kysir and Ja’bar, and one sister, Shakiyah

### Career Highs
- Points: N/A
- Field Goals: N/A
- 3-Pt FG: N/A
- Rebounds: N/A
- Assists: N/A
- Blocks: N/A
- Steals: N/A

### Season Highs
- Points: N/A
- Field Goals: N/A
- 3-Pt FG: N/A
- Rebounds: N/A
- Assists: N/A
- Blocks: N/A
- Steals: N/A

### Date Opponent G-S Min FG 3FG FT O-D Reb PF A TO Blk Stl Pts

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CAREER
#10 Patricia Conroy (5-9 Fr. G)
Staten Island, N.Y. (St. Joseph Hill Academy)

2017-18: Averaged 2.8 points, 1.3 rebounds, and 0.4 assists in 29 games ... named America East Rookie of the Week for the second time (12/26) ... scored 16 points (4-9 3FG) vs. Northern Illinois (12/21) ... named America East Rookie of the Week (12/11) ... scored 12 points at Siena (12/9)

High School: Lettered four years at St. Joseph Hill Academy... team captain as a junior and senior... averaged 24.0 points shooting 83% from the free throw line as a senior... scored 1,849 points in her career, making 620 field goals, 209 three pointers, and shooting 80% from the free throw line... CHSAA A League MVP 2015-17... All-City Second Team 2015-17... 2017 Jacques Award recipient... 2017 Joan Gumb Award recipient... member of Special Olympics Club and Autism Awareness Club

Personal: Majoring in Human Development... daughter of Kevin and Pamela Conroy... has three brothers, Ryan, Sean, and Jake

| Date | Opponent | G-S | Min | FG  | 3FG | FT  | O-D | Reb | PF  | A  | TO | Blk | Stl | Pts | Avg |
|------|----------|-----|-----|-----|-----|-----|-----|-----|-----|-----|----|-----|-----|-----|-----|-----|

CAREER
#13 Lucia Decortes  
Bonate Sopra, Bergamo (Italy) (Liceo delle Scienze Umane e Musicale)

High School: Four-year letter winner at Lice delle Scienze Umane e Lice Musicale … earned a silver medal in 2016 at the U17 Women’s World Cup as part of Team Italy … won a bronze medal with Team Italy at the U16 Women’s Europeans Championship in 2015 … won a pair of Regional Titles in 2015 with the U17 and U19 teams … won two Regional Titles as a member of the U15 Elite Team (2013 & 2014) … earned her first Regional Title in 2013 playing with the U14 Team in 2013 … was awarded the Lombardy Cup A2 for Best Young Player.

Personal: Studying psychology … daughter of Fabrizio Decorates and Marina Pagani … has two sisters, Nadia and Clara Decortes.
#14 Amanda Kantzy (6-2 Jr. F)
Spånga, Sweden (Luleå Basketgymnasium)

**Before UAlbany:** Attended Colorado State University for two years... averaged 2.1 points, 1.3 rebounds, and 0.4 assists in 54 appearances for the Rams... Mountain West regular season champions 2016-17... Mountain West tournament champions 2016... 2016 Academic Athlete Honor Recognition

**High School:** Lettered three years at Luleå Basketgymnasium in Sweden... averaged 14.0 points, 8.6 rebounds, and 2.0 assists as a senior, recording six double-doubles... averaged 10.0 points, 6.4 rebounds, and 1.1 assists for her career... named 2015 Swedish U19 Championship MVP... named to the 2015 Scania Cup all-star team... named 2014 Scania Queen MVP... named to 2014 Swedish U19 Championship all-star team... named to the 2013 Scania Cup all-star team... played on the Swedish youth national team from U15 through U20... participated in four European Championships (two U18, two U20)... Swedish Champions in 2015 with Lulea Basket... U19 Swedish Champions 2013-15... U19 Scania Cup Champions 2013-14

**Personal:** Majoring in Business... daughter of Peter and Lena Wallin Kantzy... has one brother, Nicklas... father Peter played junior college in Albany

| Date | Opponent | G-S | Min | FG | 3FG | FT | O-D | Reb | PF | A | TO | Blk | Stl | Pts |
|------|----------|-----|-----|----|-----|----|-----|-----|----|----|----|-----|-----|-----|-----|
| 2018-19: N/A |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Career: N/A |  |  |  |  |  |  |  |  |  |  |  |  |  |  |

**Career Highs**
Points: N/A
Field Goals: N/A
3-Pt FG: N/A
Rebounds: N/A
Assists: N/A
Blocks: N/A
Steals: N/A

**Season Highs**
Points: N/A
Field Goals: N/A
3-Pt FG: N/A
Rebounds: N/A
Assists: N/A
Blocks: N/A
Steals: N/A
#20 Kumsal Aslan (5-8 So. G)
Ankara, Turkey (St. Timothy’s School)

2017-18: Averaged 1.4 points, 0.7 rebounds, and 0.2 assists in 13 games … scored eight points (4-4 FG) and grabbed three rebounds vs. UMBC (2/17) … scored four points and grabbed three rebounds vs. Wagner (11/22)

2016-17: Averaged 0.5 points, 0.5 rebounds, and 0.4 assists in 11 games as a freshman…
Grabbed two rebounds at Stony Brook (2/4)… Scored four points at UMass Lowell (2/1)…
Recorded two assists vs. Post (12/12)... Made first career appearance vs. Boston University (11/19)

High School: Graduated from St. Timothy’s School in 2016 … averaged 16.7 points, 5.1 rebounds, 3.4 assists, and 3.1 steals … played club basketball in Turkey for three years, where she served as team captain … averaged 16 points, 6 rebounds, 4 assists, and 1.8 blocks in five games in the 2014-15 U-18 Turkey Championship … averaged 22.4 points, 4.6 rebounds, 5.1 assists, and 3.2 steals in 10 games in the 2014-15 U018 Ankara Championship … member of the 2014-15 U-16 and 2015-16 U-18 Turkey National Teams … named U-14 Championship of Ankara/Turkey MVP … named Highest Scorer of the Team in U-16, U-17, and U-18 Championships of Turkey … member of the 2012, 2013, and 2014 Championship of Ankara teams … member of International Club, Debate Club, Intelligence Games Club, Choir, AcademiQ Akcan Music Ballet Dance Education Center (Piano and Guitar)

| Date | Opponent | G-S | Min | FG | 3FG | FT | O-D | Reb | PF | A | TO | Blk | Stl | Pts |
|------|----------|-----|-----|----|-----|----|-----|-----|----|----|----|-----|-----|-----|-----|
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CAREER

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Career Highs
Points: 4 - 2x, last vs. Wagner (11/22/17)
Field Goals: 2 - 2x, last vs. Wagner (11/22/17)
3-PT FG: N/A
Rebounds: 3 - vs. Wagner (11/22/17)
Assists: 2 - vs. Post (12/12/16)
Blocks: 1 - vs. Wagner (11/22/17)
Steals: 1 - 2x, last vs. Wagner (11/22/17)

Season Highs
Points: 4 - vs. Wagner (11/22/17)
Field Goals: 2 - vs. Wagner (11/22/17)
3-PT FG: N/A
Rebounds: 3 - vs. Wagner (11/22/17)
Assists: 1 - vs. Wagner (11/22/17)
Blocks: 1 - vs. Wagner (11/22/17)
Steals: 1 - vs. Wagner (11/22/17)
#22 Heather Forster (6-2 Jr. F)  
Huntington, N.Y. (Huntington)

2017-18: Averaged 4.6 points, 4.3 rebounds, and 0.8 assists in 31 games, making 25 starts… scored seven points and recorded four steals vs. UMass Lowell (2/5)... scored nine points and grabbed seven rebounds vs. Stony Brook (1/27)... Recorded three blocks vs. Vermont in 50th career start (1/24)... Grabbed seven rebounds at UMBC (1/21)... Recorded four steals vs. Maine (1/13)... Recorded three blocks vs. New Hampshire (1/6)... Scored nine points and grabbed four rebounds vs. Southern Illinois (12/19)... Recorded four steals at Siena (12/9)... Scored 10 points and grabbed 11 rebounds at Holy Cross (12/3)... Scored 11 points (5-7 FG), grabbed seven rebounds, recorded three blocks, and had five steals vs. Wagner (11/22).

2016-17: Averaged 4.3 points, 3.4 rebounds, and 0.3 assists in 33 games as a sophomore... Made 30 starts... Scored 10 points in America East final vs. Maine (3/10)... Scored 11 points at Binghamton (1/19)... Scored 11 points at Wagner (1/10). 2015-16: One of UAlbany’s primary reserve frontcourt players, playing in 30 games with six starts... Led all UAlbany first-year players with 77 points, 114 rebounds, 13 blocks and 10 steals... Averaged 2.6 points and 3.8 rebounds per game, shooting 47.6% from the field... Ranked 13th in the America East in blocks per game (0.4)... Scored six points with four rebounds at Tennessee (11/27), following with 11 rebounds in win over Providence (12/1)... Career-high 11 points off 4-5 shooting, adding four rebounds in road win over Fairfield (12/9)... Finished with 11 rebounds in win over UMass Lowell (2/25)... Netted go-ahead basket in NCAA Tournament victory over Florida (3/18), following with nine points and five rebounds in NCAA Second Round contest at Syracuse (3/20)

High School: Played basketball and volleyball at Huntington High... Led Huntington to top-25 rankings in the state of New York her final two years, including #2 MaxPreps ranking as a senior and a combined 40-2 record in those years... Earned Fourth Team All-State honors in 2015... Four-time all-league player, two-time All-Long Island player in 2014 (Second Team) and 2015 (First Team), also earning all-county honors in same years... Averaged a double-double a game in junior and senior seasons... Member of the National Honor Society as well as honor societies for English, Spanish, Math, Art, History and Science

Personal: Intending to major in business... Daughter of William and Nancy Forster... Has a sister, Julie, and two brothers, Luke and Jack... Sister, Julie, played basketball at UAlbany from 2009-13, and brother, Jack, currently plays on UAlbany football team.

| Date | Opponent | G-S | Min Avg | FG-A | % | 3FG-A | % | FT-A | % | O-D-T | Avg | Ast | TO | Bbl | Stl | Pts | Avg |
|------|----------|-----|---------|------|---|-------|---|------|---|-------|-----|-----|----|-----|-----|-----|-----|-----|
| Year | G-S      | Min-Avg | FG-A | % | 3FG-A | % | FT-A | % | O-D-T | Avg | Ast | TO | Bbl | Stl | Pts | Avg |
| 2015-16 | 30-6 | 428-14.3 | 30-63 | .476 | 0-0 | .000 | 17-36 | .472 | 56-68-114 | 3.8 | 5 | 27 | 13 | 10 | 77 | 2.6 |
| 2016-17 | 33-30 | 520-15.8 | 61-119 | .513 | 0-0 | .000 | 19-40 | .475 | 44-67-111 | 3.4 | 11 | 46 | 31 | 35 | 141 | 4.3 |
| 2017-18 | 31-25 | 625-20.0 | 60-126 | .476 | 0-0 | .000 | 23-46 | .500 | 56-78-134 | 4.3 | 24 | 47 | 27 | 44 | 143 | 4.6 |
| Career | 94-67 | 1573-12.7 | 151-308 | .490 | 0-0 | .000 | 59-122 | .484 | 156-203-359 | 3.8 | 40 | 85 | 71 | 89 | 361 | 3.8 |
#24 Alexi Schecter (6-3 So. C)
Lowell, Mass. (Lowell)

2017-18: Averaged 2.0 points, 1.0 rebounds, and 0.3 assists in 24 games ... Grabbed five rebounds vs. UMass Lowell (2/5) ... Scored 10 points vs. Wagner (11/22) ... Scored five points and grabbed six rebounds at Maryland (11/10).

2016-17: Averaged 2.3 points, 1.0 rebound, and 0.2 assists in 24 games as a freshman... Recorded three blocks at Stony Brook (2/4)... Scored 11 points and blocked three shots vs. Post (12/12)... Recorded three blocks vs. Miami (11/13)... Made first career appearances at Kentucky (11/12).

High School: Lettered one year in soccer, three years in volleyball, and four years in basketball at Lowell High School … team captain as a junior and senior … averaged 13.8 points and 10.6 rebounds as a senior … career statistics of 1,237 points, 950 rebounds, 195 assists, 110 steals, 544 blocks … named Merrimack Valley All-Conference as a freshman, sophomore, junior, and senior … Merrimack Valley Conference MVP as a senior … Lowell Sun All-Star as a freshman, sophomore, junior, and senior … Boston Herald All-Scholastic as a junior and senior … Lowell High School records for blocks in one game (16) and blocks in a career (544) … member of National Honor Society.

Personal: Majoring in Psychology with a minor in Criminal Justice … daughter of Todd and Michelle Schecter … has one brother, David, and one sister, Evelyn.

## Career Highlights

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#44 Chyanna Canada (6-2 Jr. F)
Syracuse, N.Y. (Nottingham)

2017-18: Averaged 5.8 points, 2.9 rebounds, and 0.4 assists in 31 games, making seven starts...
Scored 12 points and grabbed four rebounds in the WNIT First Round at Penn (3/16)...
Scored 14 points and grabbed six rebounds in the America East Quarterfinal vs. Vermont (3/3)...
Scored 12 points (3-3 FG, 6-6 FT) at New Hampshire (2/3)...
Scored 11 points and grabbed five rebounds at UMBC (1/21)...
Scored 10 points vs. Binghamton (1/15)...
Scored 12 points vs. Northern Illinois (12/21)...
Scored 11 points vs. St. John’s (11/30)...
Scored nine points and grabbed seven rebounds vs. Wagner (11/22).
Scored 10 points and grabbed four rebounds vs. Fordham (11/19)
2016-17: Averaged 3.1 points, 2.0 rebounds, and 0.3 assists in 12 games as a sophomore...
Scored four points and grabbed five rebounds vs. Vermont (1/26)...
Scored six points vs. UMBC (1/16)...
Scored six points vs. UMass Lowell (1/4)...
Scored four points and grabbed five rebounds at Dartmouth (12/29)...
First career start in UAlbany debut at Dartmouth (12/29)

High School: Lettered four years in softball and five years in basketball at Nottingham High School...
Team captain as a junior and senior...
Attended Temple University in 2015...
Scored 666 points in her career...
Named to the 2014 All-Central New York Girls Basketball Team...
WON the 2013 Coach’s Award and the 2015 Most Valuable Offensive Player Award

Personal: Majoring in English...
Daughter of Nadine Canada...
Has three brothers, Malik, Byron, and Tysean, and one sister, Teasha Canada Asamoah

Career Highs
Points: 11 - vs. St. John’s (11/30/17)
Field Goals: 4 - 3x, last vs. St. John’s (11/30/17)
3-PT FG: N/A
Rebounds: 7 - vs. Wagner (11/22/17)
Assists: 2 - vs. UML (1/4/17)
Blocks: 2 - 2x, last vs. St. John’s (11/30/17)
Steals: 2 - 4x, last vs. Dartmouth (12/30/17)

Season Highs
Points: 12 vs. Northern Illinois (12/21/17)
Field Goals: 6 vs. Northern Illinois (12/21/17)
3-PT FG: N/A
Rebounds: 7 vs. Wagner (11/22/17)
Assists: 1 - 2x, last at Siena (12/9/17)
Blocks: 2 - 2x, last vs. St. John’s (11/30/17)
Steals: 2 - 2x, last vs. Dartmouth (12/30/17)

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<th>Opponent</th>
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<th>Min</th>
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<th>3FG</th>
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CAREER

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<th>3FG-A</th>
<th>%</th>
<th>FT-A</th>
<th>%</th>
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### GAME RECORDS

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<th>Opponent</th>
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<tr>
<td>1. Shereesha Richards</td>
<td>UMass Lowell (2-25-16)</td>
<td>17-28</td>
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<td>Shereesha Richards</td>
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<td>3. Shereesha Richards</td>
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<td>4. Shereesha Richards</td>
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<td>5. Jen Schumacher</td>
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<td>6. Shereesha Richards</td>
<td>UAlbany (2-11-15)</td>
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<td>7. Shereesha Richards</td>
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<td>16. Shereesha Richards</td>
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<td>19. Jen Schumacher</td>
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<td>20. Shereesha Richards</td>
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</table>

### INDIVIDUAL RECORDS

**Points:**

- **Game:** 41 Shereesha Richards (vs. UML, 2-25-16)
- **Game:** 41 Shereesha Richards (vs. UC Davis, 12-18-15)
- **Game:** 41 Shereesha Richards (@ Vermont, 1-9-14)

**Half:**

- **1st:** 27 Shereesha Richards (@ Vermont, 1-9-14)
- **2nd:** 23 Imani Tate (vs. Vermont, 1-9-14)

**Quarter:**

- **1st:** 19 Imani Tate (@ Vermont, 2-23-17)
- **2nd:** 19 Imani Tate (@ Vermont, 1-9-14)
- **3rd:** 16 Imani Tate (@ Binghamton, 1-9-14)
- **4th:** 17 Shereesha Richards (vs. UML, 2-25-16)

**Season:**

- 749 Shereesha Richards (15-16)
- 749 Shereesha Richards (16-15)
- 694 Shereesha Richards (14-15)
- 659 Shereesha Richards (14-15)
- 323 Ebene Henry (09-10)
- 2,417 Shereesha Richards (12-16)
- 2,417 Shereesha Richards (16-12)
- 18.8 Shereesha Richards (12-16)
- 61 Shereesha Richards (12-16)
- 16 Shereesha Richards (12-16)
- 13 Shereesha Richards (13-14)
- 37 Shereesha Richards (12-16)
- 35 Shereesha Richards (13-15)

**Field Goals:**

- **Game:** 19 Shereesha Richards (vs. UC Davis, 12-18-15)
- **Season:** 290 Shereesha Richards (15-15)
- **Career:** 941 Shereesha Richards (12-16)
- **Game Att.:** 28 Megan Buchanan (vs. Cornell, 12-3-99, 11 made)
- **Season Att.:** 520 Shereesha Richards (15-15)
- **Career Att.:** 1,625 Ebene Henry (09-13)

**Rebounds:**

- **Game:** 22 Casey Stanley (vs. Nazareth, 2-22-92)
- **Season:** 339 Julie Forster (11-12)
- **Senior:** 282 Shereesha Richards (15-16)
- **Junior:** 339 Julie Forster (11-12)
- **Sophomore:** 295 Shereesha Richards (13-14)
- **Freshman:** 259 Julie Forster (09-10)
- **Career:** 1,194 Julie Forster (09-13)
- **Season Avg.:** 10.9 Ikeuchi Franklin (92-93)
- **Career Avg.:** 9.3 Julie Forster (09-13)