Male Practice Players and Managers Guidelines

Office of Compliance Services - University at Albany

MALE PRACTICE PLAYERS
NCAA Bylaw 12.7.5 - Eligibility Requirements for Male Students to Practice with Women's Teams.

Male students may engage in practice sessions with women's teams under the following conditions:

(a) Male students who practice with an institution's women's team on an occasional basis must be verified as eligible for practice in accordance with Bylaw 14.2.1 and must have eligibility remaining under the five-year rule (see Bylaw 12.8.1);

(b) Male students who practice with an institution's women's teams on a regular basis must be certified as eligible for practice in accordance with all applicable NCAA eligibility regulations (e.g., must be enrolled in a minimum full-time program of studies, must sign a drug-testing consent form, must be included on the institution's squad list);

(c) It is not permissible for an institution to provide male students financial assistance (room and board, tuition and fees, and books) in return for practicing with a women's team. A male student who is receiving financial aid or any compensation for serving in any position in the athletics department may not practice with a women's team. A male student-athlete who is a counter in a men's sport may not engage in practice sessions with an institution's women's team in any sport;

(d) It is not permissible for an institution to provide male students room and board to remain on campus during a vacation period to participate in practice sessions with a women's team;

(e) It is not permissible for a male student-athlete who is serving an academic year of residence as a nonqualifier to participate in practice sessions with a women's team; and

(f) It is permissible for an institution to provide practice apparel to male students for the purpose of practicing with a women's team.

NCAA Bylaw 17.1.6.1 - Daily and Weekly Hour Limitations -- Playing Season.

A student-athlete's participation in countable athletically related activities (see Bylaw 17.02.1) shall be limited to a maximum of four hours per day and 20 hours per week.

NCAA Bylaw 17.1.7.2 - Weekly Hour Limitations -- Outside the Playing Season.

(a) Sports Other Than Football. Outside of the playing season, from the institution's first day of classes of the academic year or September 15, whichever occurs earlier, to one week prior to the beginning of the institution's final examination period at the conclusion of the academic year, only a student-athlete's participation in required weight training, conditioning and skill-related instruction shall be permitted. A student-athlete's participation in such activities per Bylaw 17.02.1 shall be limited to a maximum of eight hours per week with not more than two hours per week spent on skill-related workouts. All countable related activities outside the playing season are prohibited one week prior to the beginning of the final examination period for the applicable academic term through the conclusion of each student-athlete's final exams.
(c) Championship Subdivision Football. Activities between the institution's last contest and the start of summer conditioning are limited to required weight training, conditioning and the review of game film. A student-athlete's participation in such activities shall be limited to a maximum of eight hours per week, of which not more than two hours per week may be spent on the viewing of film. All activities beginning with the start of summer conditioning and outside the playing season shall be conducted pursuant to Bylaws 17.10.6.2 and 17.10.6.4.

MANAGERS
NCAA Bylaw 11.01.6 - Manager.

A manager is an individual who performs traditional managerial duties (e.g., equipment, laundry, hydration) and meets the following additional criteria:

(a) The individual shall be a full-time undergraduate or graduate student (see Bylaws 14.1.7.2 and 14.1.7.2.1.4), except that during his or her final semester or quarter of a degree program, he or she may be enrolled in less than a full-time program of studies, provided he or she is carrying (for credit) the courses necessary to complete the degree requirements;

(b) The individual may participate in limited on-court or on-field activities during practice (e.g., assist with drills, throw batting practice) or competition (e.g., assist with warm-up activities) involving student-athletes on a regular basis;

(c) The individual shall not provide instruction to student-athletes;

(d) The individual shall not participate in countable athletically related activities (e.g., practice player) except as permitted in Bylaw 11.01.6-(b); and

(e) In baseball, the individual shall forfeit any remaining eligibility in the sport at the institution at which the individual serves as a manager.