Spot the Violation
Stride is an Albany Track & Field student-athlete. Stride is from Alaska and is going home for the summer. Stride has a pet ferret and doesn’t want to bring it home for the vacation period. Stride’s coach offers to care for the pet for the summer as long as Stride pays for the cost of food for the ferret.

Answer on next page.

Activities Before and During Finals: Reminder
For those teams that are “out-of-season” (a.k.a. in their 8-hour per week period), no required workouts/activities may take place during the week prior to finals or during the week of finals.

Friday, April 29th, is the LAST day that countable activities may take place.

If student-athletes choose, they may participate in voluntary workouts/activities as long as student-athletes are not required to participate, no coach is present, and no one is reporting participation back to any coaching staff members.

Employment of Student-Athletes
Student-athletes may be “employed” by institutional personnel, but may only be paid the going rate for the duty/duties performed.

Examples of permissible employment include, but are not limited to:
- Babysitting/pet-sitting
- Housesitting
- Tutor
- House painting
- Moving services
- Yard work

*Approval must be requested from the Office of Athletic Compliance in advance of any student-athlete being employed by institutional personnel.
### Upcoming NLI Signing

<table>
<thead>
<tr>
<th>Sport</th>
<th>Initial Signing Date</th>
<th>Final Signing Date</th>
</tr>
</thead>
<tbody>
<tr>
<td>Soccer</td>
<td>February 3, 2016</td>
<td>August 1, 2016</td>
</tr>
<tr>
<td>Basketball</td>
<td>April 13, 2016</td>
<td>May 18, 2016</td>
</tr>
<tr>
<td>All Other Sports</td>
<td>April 13, 2016</td>
<td>August 1, 2016</td>
</tr>
</tbody>
</table>

### Non-Permissible Activities after Signing

Once an athlete has signed a NLI or an acceptance letter, it is understandable to want to get them prepared for the upcoming season even before they arrive on campus. As a reminder even if an athlete has signed they are still not allowed to be a part of meetings, film review or any off-field practice sessions. However, you may provide pre-enrollment information regarding orientation, conditioning, academics and practice activities in a video format (e.g. video playbook, game clips) to those athletes who have signed a NLI or acceptance letter.

### Practice Recruiting Exam

If you would like to get a jumpstart on preparing for the coaches exam you can now access it on the ncaa.org site. Here is the link: http://web1.ncaa.org/coachesTest/exec/practiceexam?division=1

### Spot the Violation Answer:

The coach is providing a service to Stride in the pet-sitting. As such, this would be an extra benefit and would not be permitted.

**Melissa Peach**  
Associate Athletics Director for Compliance  
mpeach@albany.edu  
518-442-3005

**Jose Genao**  
Assistant Athletics Director for Compliance  
jgenao@albany.edu  
518-442-3045