New Legislation

With the August 1 effective date passed, several new proposals have gone into effect for the 18-19 academic year. Here are a few of note to be aware of:

- **Proposal 2017-45**: The addition of an extra quiet period for Women's Volleyball.
- **Proposal 2017-73**: In Basketball, an institution shall not play its first contest (game or scrimmage) prior to the Tuesday immediately before the second Friday of November.
- **Proposal 2017-110**: An institution may pay a PSA’s actual transportation costs for his/her official visit to its campus from any location, provided the PSA returns to the original point of departure.
- **Proposal 2017-12**: Permits student-athletes in the sports of baseball, lacrosse and softball to compete in fall competition without using a season of eligibility.

New Transfer Legislation:

Beginning October 1, D1 SAs will be able to transfer to a different school and receive a scholarship without asking their current school for permission to contact.

**What the new system will require**:
1. SA are allowed to inform his/her current school of a desire to transfer, then requires that school to enter SA’s name into a national transfer database within TWO business days.
2. Once in the database other coaches may contact SAs.
3. This system ends the controversial practice where some schools would prevent SAs from having contact with specific other schools.

Bylaw Review: Nutritional Supplements

As we have opted in to Autonomy proposal 2016-32, it is now permissible to provide protein supplements with single, whole protein sources to our student-athletes. If the supplement lists additional impermissible ingredients that supplement would be impermissible. Some of those impermissible ingredients are:

- Amino Acids
- Chondroitin
- CLA
- Creatine
- Fish Oil
- Melatonin
- Carnitine
- Ginseng
- Glucosamine
- Ginkgo biloba

Spot the Violation

The Albany football team is looking to promote its Big Dawg Football Camp. When spreading the word on social media, the football staff chooses an image with the Head Coach and two players in uniform.

If the football staff posts the image on social media will it be a violation?

Answer on next page.
**ARMS Tip**
Coaches have the ability to email student-athletes who have outstanding forms directly from the Forms Hub screen by selecting All Forms, filtering out by form name, filtering out by Awaiting Completion, select the athlete or athletes to email by checking the box and clicking send email from the menu button.

**ARMS Forms Reminders**
Please be sure to have all forms from last year completed, as well as, those for the start of the year. These include:
- Post-Official Visit Forms
- Post Camp/Clinic Forms
- Club Team Registration Forms
- Declaration of Playing Season
- Declaration of Coaching Staff
- Complimentary Admissions Affirmation
- Outside Income & Certification of Compliance

**Spot the Violation Answer:**
It may be a violation. Bylaw 12.5.1.6 “Camps” states that “A student-athletes name or picture may be in the camp counselor section identifying the student-athlete as a staff member but their name or picture may not be used in any other way to directly advertise or promote the camp.” However, if the name or picture is of a former student-athlete then there is no violation. The rule applies only to current student-athletes.

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